ABSTRACT OF THE DISCLOSURE

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Provided are an optical scanning apparatus capable of controlling a focus movement amount to a small value on a surface to be scanned, even with change in the 5 oscillation wavelength of light from a light source and/or with environmental change, and an image-forming The optical scanning apparatus has apparatus using it. a light source, a first imaging optical system for converging light emitted from the light source, a deflector for deflecting the light from the first imaging optical system, a second imaging optical system for scanning the surface to be scanned, with the light deflected by the deflector, and at least one diffraction optical element in the first imaging optical system or in the second imaging optical system. In the optical scanning apparatus, the power of the diffraction optical element is properly set to reduce focus movement on the surface to be scanned, with change in the oscillation wavelength of the light from the light source and focus movement on the surface to be scanned, with change in ambient temperature.